



St Michael's

L U T H E R A N C H U R C H

Reflection Questions for March 15, 2020

In the Exodus 17:1-7 reading, we hear of the Israelites in the wilderness fleeing oppression and slavery in Egypt. And though they were free from slavery, the wilderness lacked comfort and protection. They wondered, *"Is God among us or not?"* What season of your life has caused you asked this same question? Was it a season of grief? A season of anger? A time of loneliness? For the Israelites, the water from the rock brought them assurance in God's presence. When have you experienced unexpected moments of hope amidst despair?

In our Gospel reading, Jesus meets a woman at a well during the middle of the day and the light of day exposes her vulnerabilities as an outcast woman. During this time in our nation we are experiencing the exposure of our vulnerabilities in government, health care, consumerism, etc. Do any personal vulnerabilities feel exposed right now?

What feels heavy on your heart this day? For what are you grateful? Lift up those thoughts in prayers to God.

Not sure what purpose prayer serves? Watch this short video from Nadia Bolz-Weber for a reflection on why prayer matters:

https://www.youtube.com/watch?v=o_tldqb-r1g